

SUMMER 2021 COMMUNITY RESOURCES

UPDATED MAY 2021

Food

St. Francis Food Pantry

Wednesdays, Thursdays, & Saturdays
9:00 am - 11:00 am
Fill out the intake form prior to visiting the pantry [here](#).
1835 S Hope St, Los Angeles, CA 90015
(1.6 miles from campus)

Hope on Union - United University Church

Pantry bag distribution (Close when they run out of food)
Thursdays 8:00 - 11:00am
1053 W. 23rd St., Los Angeles, CA 90007 *Corner of 23rd St. & Union Ave.
Phone: 213-205-8933
(0.8 miles from campus)

St. John's Cathedral

3rd Saturday of the month 8:30 am - 10:30 am
514 W. Adams Blvd Los Angeles, CA 90007
(0.8 miles from campus)

St. Vincent de Paul

Saturdays 7 am - 8 am (Pick up in parking lot)
*Bring student or government ID
621 West Adams Blvd. Los Angeles, CA 90007
(0.8 miles from campus)

LA Dream Center

Mobile Food Bank: Wednesdays 2:30 pm - 3:30 pm
W 20th Street & S Oak Street, Los Angeles, CA 90007
(1.1 mile from campus)
Food Pantry open Monday - Friday from 11:00 am - 2:00 pm
2301 Bellevue Ave. Los Angeles, CA 90026
(6 miles from campus)

Rosso Oro's

\$7 lunch and dinner specials.
Call (213) 743 2077 to place an order for pick up, or
on the Grubhub App for curbside pickup.
3500 South Figueroa St., Los Angeles, CA 90007
(Across the street from USC Campus)

Life of Faith Church

Every 3rd Saturday 12:00 pm - 4:00 pm
8216 S. Hoover Street Los Angeles, CA 90044
Phone: 562-375-1668
Every third Saturday
(4.3 miles from campus)

Mi Centro Pride Pantry

Fridays 12:00 pm - 4:00pm
533 S. Clarence Street Los Angeles 90033
One visit per month
Phone: 323-286-7224, Sign up [here](#).
(4.9 miles from campus)

Hollywood Food Coalition

Salvation Army - The Way In
To-go dinners served from 6:30 pm - 7:30 pm
5939 Hollywood Blvd. Los Angeles, CA 90028
(6.4 miles from campus)

Feed LA - Weingart East LA YMCA

Grab & Go Breakfast & Lunch - [Register here](#)
Monday - Friday from 11:00 am - 2:00 pm
Produce Distribution
Monday - Friday at 11:00 am
2900 Whittier Blvd. Los Angeles, CA 90023

Everytable

Offers affordable and healthy meals for pick-up.
Monday - Thursday: 9am - 8pm, Friday: 9am - 7pm
Sunday: 11am - 5pm
Menu & information can be found [here](#)
1101 west 23rd street, Los Angeles, CA
(1 mile from campus)

CalFresh

Food benefits program that helps students buy groceries.

The average eligible student gets \$150 a month.

[Apply here](#)

Additional Resources

211

Find more resources at www.211la.org or by calling 211

Safe Parking LA

Provides parking and access to restroom facilities for people who are experiencing homelessness and sleeping in their vehicles
Apply [here](#).

RISE Student Navigator Network

Student navigators help peers find resources and apply for public benefits such as SNAP, CalFresh, and unemployment.
Schedule an appointment [here](#).

WIN APP

Download to see and contact open shelters and food resources in the area or visit the [website](#).

Findhelp.org

Find food assistance, help paying bills, and other free or reduced cost programs in any city. Visit findhelp.org.



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Clinics

USC TeleHealth Clinic

The clinic is usually open 8:30/9:00 am - 5:00 pm
Find more information and updates [here](#).
For general health, call the USC Student Health 24/7 number at 213-740-9355 (WELL)

Hubert H. Humphrey Comprehensive Health Center

Primary care: Monday - Friday 8:00 am - 4:30 pm
Urgent Care, Every day 8:00 am - 10:00 pm
(323) 897-6000
5850 S Main St. Los Angeles CA 90003
(2.8 miles from campus)

H. Claude Hudson Comprehensive Health Center

Monday - Friday: 8:00 am - 4:30pm
Urgent Care Services: Monday - Friday: 7:30 am - 12:00 am
Saturday & Sunday: 8:00 am - 12:00 am
(213) 699-7000
2829 S Grand Ave Los Angeles CA 90007
(0.8 miles from campus)

COVID-19 Testing

USC Testing Site

Open to select USC students and employees only.
Please visit the [website](#) to learn more.

Primary Care Provider

Testing is also available through your primary care provider. Contact your primary care provider to schedule a test.

Wellness

USC Student Health - Counseling & Mental Health

[BIPOC Mental Health Resources](#): Find mental health resources and therapists that share your cultural identity
[Let's Talk](#): 30 minute drop-in counseling

National Alliance on Mental Illness (NAMI)

HelpLine Monday-Friday, 10:00 a.m. to 6:00 p.m., EST
(800) 950-6264
Visit the [website](#) for more resources.

Calm

Offers free sleep, meditation, and relaxation resources
Visit the [website](#) for resources.

Mindful USC

Mindfulness classes and resources
[Online](#) and on the app store.

USC Recreational Sports

Virtual workout classes
Schedule can be found on their [website](#)
More workouts can be found on the [USC Trojan Fitness Youtube](#)

Shelters

[Union Rescue Mission](#)

Women's Intake: Monday - Friday 9 am - 6pm
Men's Intake: Thursdays 9 am - 6pm
*Only take the first 10 people
Family Intake: 24/7
(213) 347-6300
545 S. San Pedro St., Los Angeles, CA 90013
(3.4 miles from campus)

Financial

California Unemployment

Those who have become unemployed or partially unemployed can file an unemployment claim.
Find information and apply [here](#).

[FastWeb Scholarships](#)

Find and apply for scholarships.

LA County Testing Sites

Free drive thru and walk up testing throughout LA County. Find testing sites and make an appointment [here](#). If you do not have internet access you can call 211 to speak with an operator who will help you make an appointment.

For Kids

Free Diapers

Mondays 8 am - 9 am while supplies last
[Weingart East LA YMCA](#)
2900 Whittier Blvd. Los Angeles, CA 90023

Audible

[Free audiobooks](#) for children of all ages

PBS Kids

PBS Kids weekday [newsletter](#) offers tips and activities for kids to learn and play at home

GoNoodle Library

Movement and mindfulness [videos](#)

Scholastic Learn at Home

[Daily projects](#) for kids

Khan Academy

Free [remote learning resources](#)