

# SUMMER 2022 COMMUNITY RESOURCES



## FOOD PANTRIES

### **St. Francis Food Pantry**

Wednesdays, Thursdays, & Saturdays: 11am - 12:30pm  
Fill out intake form prior to visiting pantry [here](#).  
1835 S Hope St, Los Angeles, CA 90015  
(1.6 miles from campus)

### **Hope on Union - United University Church**

Pantry bag distribution (Close when out of food)  
Thursdays: 8am - 11am & Fridays: 11am  
1053 W. 23rd St. Los Angeles, CA 90007  
\*Corner of 23rd St. & Union Ave.  
Phone: 213-205-8933 Find more information [here](#).  
(0.8 miles from campus)

### **LA Dream Center Mobile Food Bank:**

Wednesdays: 2:30pm - 3:30pm  
W 20th Street & S Oak St. Los Angeles, CA 90007  
(1.1. mile from campus) Find more information [here](#).  
Food Pantry open Monday - Friday 12pm - 2pm  
2301 Bellevue Ave. Los Angeles, CA 90026  
(6 miles from campus)

### **St. John's Cathedral:**

3rd Saturday of the month 8:30am - 10:30am  
514 W. Adams Blvd Los Angeles, CA 90007  
Find more information [here](#).  
(0.8 miles from campus)

### **St. Vincent de Paul:**

Saturdays: 8:30am - 11:30am. More information [here](#).  
\*Bring student or government ID  
621 West Adams Blvd. Los Angeles, CA 90007  
(0.8 miles from campus)

### **Hollywood Food Coalition:**

Dinner served Monday - Friday: 6:30pm - 8:00pm  
5939 Hollywood Blvd. Los Angeles, CA 90028  
(6.4 miles from campus) Find more information [here](#).  
Dinner served Saturday & Sunday: 6:30pm - 7:30pm  
Corner of N Orange Dr & Romaine St, Los Angeles, CA 90038

### **Feed LA - Weingart East LA YMCA:**

Produce Distribution: Mondays, Wednesdays, & Fridays: 10am - 12pm.  
More information can be found [here](#).  
2900 Whittier Blvd. Los Angeles, CA 90023  
(4.3 miles from campus)

## LOW COST OPTIONS

### **Everytable**

Offers affordable meals including vegan/vegetarian options  
Monday - Friday: 11am - 6pm, Saturday: Closed, Sunday: 11am - 6pm  
Menu & information can be found [here](#).  
1030 W. Martin Luther King Jr. Blvd Suite 103, Los Angeles, CA 90037  
(1 mile from campus)

### **Rosso Oro's**

\$7 lunch and dinner specials.  
3500 South Figueroa St., Los Angeles, CA 90007  
(Across the street from USC Campus)

## AFFORDABLE RECIPE GUIDES:

### **Budget Bytes**

Easy and affordable recipes

### **Trader Joes Recipes**

Recipes using foods from  
Trader Joe's

### **Tasty**

Vegetarian recipes

## CULTURALLY SPECIFIC & LOW COST GROCERY STORES

### **JH Bazaar**

Indian grocery store  
2823 S Vermont Ave Los Angeles, CA 90007  
(0.5 miles from campus)

### **Food 4 Less**

1748 S. Jefferson Bl. Los Angeles, CA 90018  
(1.2 miles from campus)

### **Grocery Outlet**

1120 W 6th St, Los Angeles, CA 90017  
(3.7 miles from campus)

### **Asian Mart**

Indian, Bangladeshi, & Pakistani grocery store  
3732 W 3rd St Los Angeles, CA 90020  
(4 miles from campus)

### **Northgate Market**

2323 W Olympic Blvd Los Angeles, CA 90006  
(2.1 miles from campus)



# SUMMER 2022 COMMUNITY RESOURCES



## WELLNESS + HEALTH

### CLINICS:

#### **USC TeleHealth Clinic**

Find more information and updates [here](#).

For general health, call USC Student Health 24/7 number at 213-740-9355 (WELL).

#### **Hubert H. Humphrey Comprehensive Health Center**

Primary care: Monday - Friday 8am - 4:30 pm

Urgent Care, Every day 8am - 10pm

(323) 897-6000

5850 S Main St. Los Angeles CA 90003

(2.8 miles from campus)

#### **H. Claude Hudson Comprehensive Health Center**

Monday - Friday: 8am - 4:30pm

Urgent Care: Monday - Friday: 7:30 am - 12am

Saturday & Sunday: 8am - 12am

(213) 699-7000

2829 S Grand Ave Los Angeles CA 90007

(0.8 miles from campus)

### WELLNESS:

#### **USC Student Health - Counseling & Mental Health:**

More Information [here](#).

#### **24/7 Crisis Text Line support:**

Text "TROJAN" to 741741 on your mobile phone or via WhatsApp for 24/7 texting-based support from the trained volunteers at the Crisis Text Line (CTL). CTL is a national non-profit service and a recognized support partner of USC Student Health. It is not a psychotherapy service. No individual patient data is collected or shared through this line.

#### **National Alliance on Mental Illness (NAMI)**

HelpLine Monday-Friday, 10am to 6pm, EST

(800) 950-6264 More resources [here](#).

#### **Calm:**

Offers free sleep, meditation, and relaxation resources.

[Visit](#) the website for resources.

#### **Mindful USC:**

Mindfulness classes/resources Online + on app store.

## FINANCIAL

#### **FastWeb Scholarships**

Find and apply for scholarships [here](#).

#### **California Unemployment**

Those who have become unemployed or partially unemployed can file an unemployment claim. Find information and apply [here](#).

#### **USC Scholarship Universe**

Scholarship matching tool [here](#).

#### **Union Rescue Mission**

Women's Intake: Monday - Friday 9 am - 6pm

Men's Intake: Thursdays 9 am - 6pm

\*Only take the first 10 people

Family Intake: 24/7

(213) 347-6300

545 S. San Pedro St., Los Angeles, CA 90013

(3.4 miles from campus)

## TECHNOLOGY

#### **USC ITS Short Term Laptop Loaner Program**

Laptop loaner program including Macs and PCs. More information can be found [here](#).

#### **USC Computing Centers**

On campus computing centers that have Macs and PCs to use. Find the locations and hours [here](#).

#### **Emergency Broadband Benefit program**

Provides discounts on internet services for those who are having trouble affording internet services. More information and eligibility requirements can be found [here](#).

#### **Affordable Connectivity Program**

Benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more information [here](#).



#### **Audible**

Free audiobooks for children of all ages. More Info [here](#).

#### **PBS Kids**

PBS Kids weekday newsletter offers tips and activities for kids to learn and play at home. Check out [here](#).

#### **GoNoodle Library**

Movement and mindfulness videos [here](#).

#### **Scholastic Learn at Home**

Daily projects for kids [here](#).

#### **Khan Academy**

Free remote learning resources [here](#).



## FOR KIDS

## ADDITIONAL RESOURCES

#### **211**

Find [more](#) resources or by calling 211

#### **Safe Parking LA**

Provides parking and access to restroom facilities for people who are experiencing homelessness and sleeping in their vehicles. Find more information [here](#).

#### **WIN APP**

Download to see and contact open shelters/food resources in the area or [visit](#) website.

#### **Findhelp.org**

Find food assistance, help paying bills, and other free or reduced cost programs in any city. Visit website [here](#).

#### **California Alternative Raters for Energy (CARE)**

Save 20% on your monthly gas bill. More Info [here](#).

## HOUSING

#### **Orion Housing**

Advertises affordable housing for students. Contact them via email at [leasing@orionhousing.com](mailto:leasing@orionhousing.com)

#### **Los Angeles Homeless Services Authority**

Find additional shelters, bridge housing, and crisis housing [here](#).